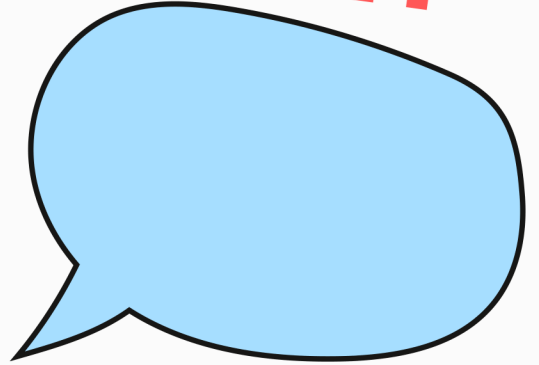
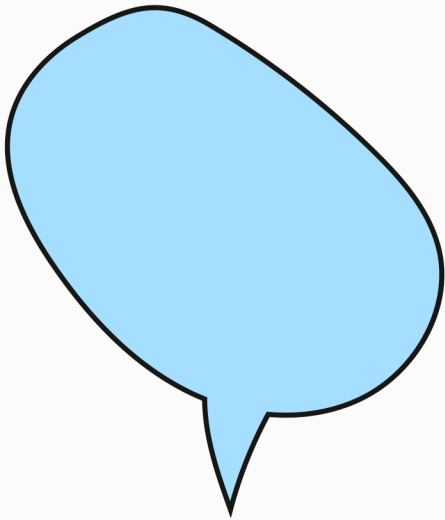
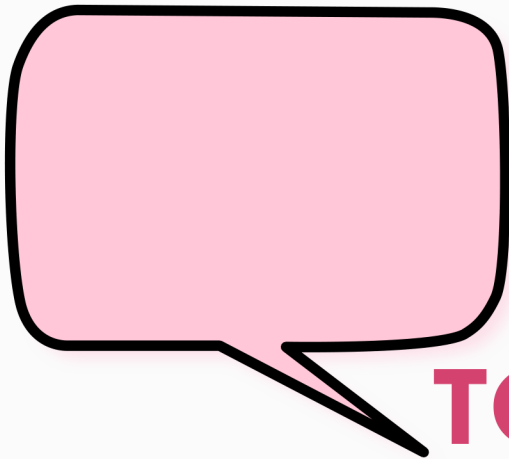


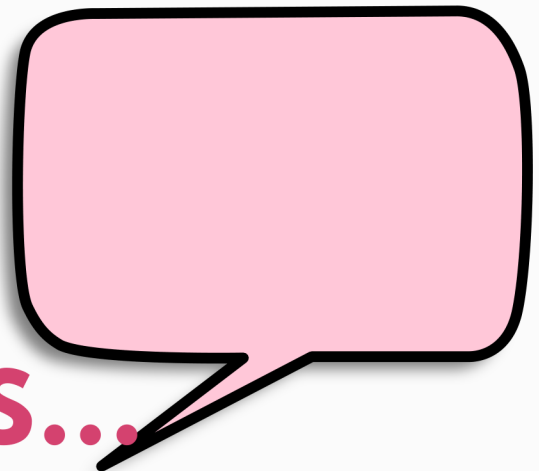
My Vision Board **WORKSHEET**



My Favourite
ACTIVITIES

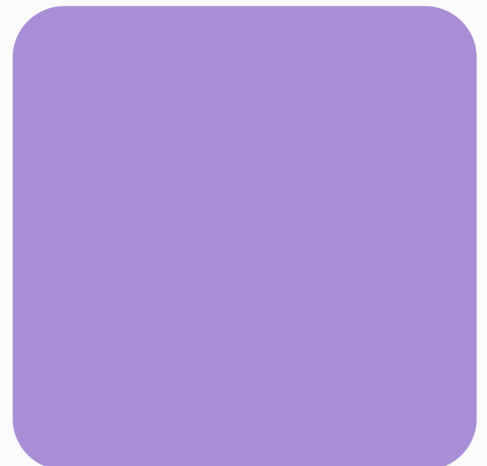


*My Safe
Space*



TO RELAX IS...

My **GOALS** *are:*



MY GOALS



Goal 1

I WANT IT BECAUSE...

WHEN I ACHIEVE IT I WILL FEEL...



Goal 2

I WANT IT BECAUSE...

WHEN I ACHIEVE IT I WILL FEEL...



Goal 3

I WANT IT BECAUSE...

WHEN I ACHIEVE IT I WILL FEEL...